

## DEPARTMENT OF NEW HAMPSHIRE VETERANS OF FOREIGN WARS

### GENERAL ORDERS #4 October 2022

General Orders are to be read at each Post Meeting and placed on file

- 1) **Next Council of Administration Meeting on October 15<sup>th</sup> 2pm at the Laconia Post. Finance Meeting at 1pm, Veteran Service Committee 130pm. Uniform of the Day, "Pink" is Authorized in observance of Breast Cancer awareness month.**
- 2) **Fall Conference will be held October 15 at the Laconia Post at 9am. Flyer attached**
- 3) **National Council Member Vacancy. Department Council will elect a new NCM at the October COA.**
- 4) **Veterans and Military Support vacancy. If interested in this National Appointment please get your names into State Adjutant before Oct 14, the decision will be made at the COA.**
- 5) **VOD/PATRIOTS PEN AND TEACHERS AWARD CHAIRMAN CHANGE. New Chairman is Paul Lloyd please send all district entries to PO Box 955, Concord, NH 03302-0955 or e-mail: [nhvfwwstateheadquarters@gmail.com](mailto:nhvfwwstateheadquarters@gmail.com)**
- 6) **ONLINE REPORTING:** For Online Reporting, go to <https://nh.vfwportal.net/public/>, your sign on is your Post number and your password is abc123 all lower case, it will never change. Example: Sign On: 3041 Password: abc123. Community Service reporting should be done on the dashboard on OMS, Post QM, ADJ and Commanders have access.
- 7) **REQUEST FOR DEPARTMENT REPRESENTATIVE:** Request for a Department Representative for a special event, must be submitted in writing to the Department Adjutant, PO Box 955, Concord, NH 03302-0955 or e-mail: [nhvfwwstateheadquarters@gmail.com](mailto:nhvfwwstateheadquarters@gmail.com)
- 8) **POST COMMANDERS:** Are reminded that Section 203 – Regular Meetings – All Posts shall hold at least one regular meeting each month. Failure to comply can result in immediate revocation of the Post Charter notwithstanding the provisions of Section 211 of the Manual of Procedures.
- 9) **DISTRICT MEETINGS DATE CHANGES:** District Commanders are reminded to notify the State Adjutant office ASAP of any changes in District meeting dates so that the respective Department Representative can be notified in plenty of time.

10). The Member Service Center is proud to announce extended support hours for the VFW Store, dues processing, magazine subscription inquiries, adjutant/quartermaster services, and general membership inquiries. The new hours of the Member Service Center are Monday through Friday 8:00 a.m. to 6:00 p.m. CST. (Closed on VFW holidays) 1.833.VFW.VETS (1.833.839.8387).

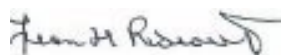
**11) DEADLINE:** The deadline for information going into the General Orders is the 20th of each month. Send all requests to State Adjutant - Paul Lloyd, PO Box 955 Concord NH 03302-0955. Adjutant contact info is Cell: 603-496-1918 and E-mail: [nhvfwstateheadquarters@gmail.com](mailto:nhvfwstateheadquarters@gmail.com)

**12) DISTRICT MEETINGS:**

October 8	District 6	John H Hargreaves (Pelham) Post	10am	Commander Leon
October 22	District 1	John W Weeks Post	10am	JVC Andy
October 23	District 5	Hinsdale Post	10am	Commander Leon
October 23	District 7	Kingston Post	10am	Chaplain Darwin
October 30	District 4	Manchester Post	10am	SVC Denis



Paul Lloyd  
Department Adjutant



Leon Rideout  
Department Commander

***Final Roll Call Department of New Hampshire***

Chaplain Darwin Beeman

**"May our Comrades Rest in Eternal Peace"**

**Deceased List for September 30, 2022**

Post	First Name	MI	Last Name	Sur
483	Baron	E	Wright	
808	David	E	Kinson	
808	Philip	R	Sevene	
816	Francis	T	Fillion	
1698	Joseph A	E	Poulin	
4368	W	H	Gibbons	
4479	Chester	E	Menter	
5613	Larry	E	Wendel	
5791	Roland	P	Martel	
8214	William		Sjoblom	
8214	Daniel	J	Sullivan	
8401	John	T	Caulfield	
8401	Andrew	R	Richer	
8497	Kenneth	F	Champney	
8546	Henry	J	Keeler	
15030	Arthur	J	Wardle	
15030	Ernest		Blake	Jr.

Hello Comrades,

I hope everyone has had a great summer and has had time to spend with family and friends. With that being said now is the time to watch out for students who may be crossing streets or roads to head towards schools or a bus stop. As we all know sometimes they don't look and just walk out so please be on the lookout in the morning and midafternoon. With Halloween coming up at the end of the month please be mindful of young kids in all different colorful costumes especially black darting out into roads anxiously running towards the next house to get that all healthy candy.

I would like to thank everyone for all your hard work and prayers for all our comrades. Don't forget that if one of your comrades passes away to please report it. Until we meet again I want to wish everyone a safe and healthy fall and winter season. I am available by either phone or email if I can be of any assistance.

Darwin Beeman  
State Chaplain  
Community Service Chairman  
Past Dept Commander  
2020-2021  
New Hampshire  
603-372-2200

[luckytwoalive@comcast.net](mailto:luckytwoalive@comcast.net)

"Can Do "

Greetings VFW Family,

This has been a busy month for everyone. It has been great to travel about the state and get to meet many of you as well visit your Posts. Some of the highlights of this month's events were a lunch cruise with Charlestown Memorial Post 8497. Recruiting outreach at the Lancaster Fair with District 1 and John W Weeks VFW Post 3041, The POW/MIA Ceremony at Boscawen Veterans Cemetery, Welcoming the National Auxiliary President to NH at the Derry Memorial Post 1617, Dinner with the National Auxiliary President at Jaffrey Memorial Post 5613, and The Veterans Appreciation Picnic at Hudson Memorial Post 5791. My fellow line officers were also very busy at other events across the state such as the Annual Craft Fair at the Tilton Veterans Home, 25<sup>th</sup> Anniversary of the opening of the Boscawen Veterans Cemetery, and the Seacoast Veterans Conference.

With the many events happenings across the state the Department Officers are trying a new App to track events and try to better have representation at them. With that said if your Post is having an event, please let us know as soon as possible.

I would ask that all of us keep Tom St Pierre and family in our thoughts and prayers as they work through the grieving process.

I am pleased that I have seen a lot of effort towards recruiting so far this year. We currently stand at 81.64 %. While this is good, we still need to keep working hard to attain the 102% goal. We have 2 Posts that are over 100% already. They are Hinsdale Memorial Post 4234 at 101.88 % and Charlestown Memorial Post 8497 at 102.41%! Congratulations to them and thank you for your work. Let's all keep up the efforts to bring in new members to our family.

I also want to remind all that as the seasons change, we will need to be vigilant in caring for our older members and those that are vulnerable. We all are experiencing sticker shock for almost all staples especially heating fuels. Let's do what we do best and show that Veterans Have No Better Friend Than The VFW.

Questions comments or concerns can be forwarded to: [rideout4rep@gmail.com](mailto:rideout4rep@gmail.com)

Department Commander

Leon H. Rideout



## Greeting and Salutations from the Senior Vice Commander...

### I attended a few events in support of our mission and membership:

September 1<sup>st</sup> - 5<sup>th</sup> **Lancaster Fair** – District 1 and John W Weeks Post 3041 had a table, and we met many veterans from NH, VT, ME, & MA; it was a busy weekend, and we recruited a few new members, and a couple for other posts in the state.

September 8<sup>th</sup> **SVAC Annual Picnic** – This was a great evening to network with other Veterans Service Organizations in NH.

September 17<sup>th</sup> **NH Veterans Cemetery POW/MIA Remembrance Ceremony** – This was a good event with much of the VFW & AUX leadership in attendance. It was an honor to remember those who have not come back from wars and conflicts in service to our country; for those who did after periods of captivity; and for the remains of those returned long after the war was over.

September 24<sup>th</sup> **NH Veterans Cemetery 25th Anniversary Event** – Another great event! Did a little recruiting and networked with a few fellow Veterans. If you missed it, there will be the 50<sup>th</sup> in another 25 years; I hope to see you there!!

September 24<sup>th</sup> **NH Veterans Home 5<sup>th</sup> Annual Craft Fair** – This was a great event, supported by members of the VFW AUX; money raised goes to support the residents of the Veterans Home.

### A few upcoming events for me in October, come on out and let's talk and have a good time!

October 9<sup>th</sup> (SUN) **'Week Enders' Pup Tent 3** meeting at John W Weeks Post 3041, Lancaster: 0800. If you are interested and eligible, please reach out to your post and submit an application.

October 15<sup>th</sup> (SAT) **NH VFW Fall Conference & COA** – Come out and see what the VFW is doing in NH; this is an opportunity to see how VFW & AUX programs are being managed and who is doing what. We will be having our quarterly meeting after lunch; please come out and join us!

October 30<sup>th</sup> (SUN) **District 4 Meeting** – with Queen City Memorial Post 8214, Manchester: 1000. I will be the department representation. I look forward to seeing all our District 4 Posts being there.

- After the District 4 Meeting I will be with your 2023-2024 Membership Chairman, Greg Lynch (currently the 2022-2023 Chief of Staff) to discuss the upcoming membership program.

**!!MEMBERSHIP – MEMBERSHIP – MEMBERSHIP!!**

### Other News...

**October 13<sup>th</sup> (THU)** will mark the **Navy's 247th birthday**. The central theme of this year is "On Watch - 24/7 for 247 Years," which highlights our Navy's enduring ability to remain fully ready to respond to and effectively deter emergent threats. **HAPPY BIRTHDAY U.S. NAVY!**

### Take Action:

**Many of our nation's combat-disabled veterans are prohibited by Congress from receiving their full earned Department of Defense retirement pay and Department of Veterans Affairs service-connected disability compensation.** Over 50,000 Chapter 61 retirees with combat-related disabilities are required to forfeit every dollar of their retirement pay for every dollar they receive in disability compensation.

Tell Congress to end this extremely unjust offset by immediately passing the Major Richard Star Act!

There is a lot of work to do, and you make it happen each and every day, as we take care of our veterans and their families. Thank you for all you do!

"No One Does More for Veterans"

Denis Querrard – Senior Vice Commander, Dept. of NH

# From the Desk Of the Department Junior Vice Commander

## October 2022

Comrades,

Jörg Dreusicke, National Legislative Chairman, and I recently returned from Washington DC. We attended the Fall Legislative Committee Meeting September 12 - 15. VFW's fall Legislative meeting provides an opportunity for VFW leaders from each state to personally lobby their respective lawmakers. All I can say is WOW!



My intent was to learn as much as I could. That was accomplished and then some! We met with all four members of New Hampshire's Congressional delegation; two Senators and two Congressmen. The entire delegation was on board with all VFW 2022 Legislative Priorities. It was amazing to see this side of our incredible organization. It was great to meet and network with our National VFW leadership and all the other Department's Legislative representatives. Also met Corporal Shamrock from Texas. He lead this legislative charge! :)



I had never toured the VFW Headquarters in DC either...very impressive. Nice real estate! Very close to the Capital Building and near the House and Senate Office buildings. Rest assured, our Comrades in DC are working for every member of our organization, and all Veterans, on a daily basis.



Again, I think each of us should familiarize ourselves with our current Legislative Priorities. Check them out at this link:

<https://www.vfw.org/-/media/vfwsite/files/advocacy/prioritygoalsbrochure.pdf>

Please contact or visit your congressional representatives and stress that these are the issues we will be fighting for in the 117th Congress. These priority goals reflect the resolutions passed and supported by the men and women of the VFW and its Auxiliary.

The Department leadership attended the POW/MIA Remembrance Ceremony at the NH Veterans Cemetery.



**"Every Veteran Counts!"**

A couple more items on my calendar for this month:

1. September 24 - Seacoast Veterans Conference, Portsmouth.
2. October 13 - 16 - Junior Vice Commanders Training in Kansas City, MO
3. October 22 - Department representative at the District 1 meeting in Lancaster



I won't see you for the Fall Program and CofA in Laconia on October 15th. I will be attending the Junior Vice Conference in Kansas City. Looking forward to representing you out there and networking with the rest of my cohort.



Please let me know if you have any questions of me.

Andrew J. Corrow

Department of New Hampshire, Junior Vice Commander

United States Army (Retired)

[vfwpost10676@yahoo.com](mailto:vfwpost10676@yahoo.com)



## ***Voice of Democracy/Patriots Pen/Teacher of the Year***

Let's start getting excited about Voice of Democracy and Patriots Pen and get the word out now! Here are this year's themes, I know we can make this year better than ever.

**\*\*\*NOTE: Who can enter?**

The Voice of Democracy is open to students in grades 9-12 and Patriots Pen is open to students in 6th, 7th and 8th-grade students, Oct. 31 deadline who are enrolled in a public private or parochial high school, middle school or home study program in the United States, its territories, and possessions: or dependents of U.S. military or civilian personnel in overseas schools. Although **U.S. citizenship is not required, students must be lawful U.S. permanent residents or have applied for permanent residence (the application for which has not been denied) and intends to become a U.S. citizen at the earliest opportunity allowed by law.** Foreign exchange students, students age 20 or over, previous Voice of Democracy first place state winners, GED or Adult Education Students are ineligible.

### ***2022-2023 Themes***

***VOICE OF DEMOCRACY (9-12 Grade) Why is the Veteran Important?***

***PATRIOTS PEN (6-8 Grade) My Pledge to Our Veterans***

Program brochures designed to be duplicated for distribution can be viewed at:

**[www.vfw.org/uploadFiles/VFW.org/Community/Teacher%20Award%20Brochure.PDF](http://www.vfw.org/uploadFiles/VFW.org/Community/Teacher%20Award%20Brochure.PDF)** or ordered through the VFW Store.

**\*\*\*\*Important Dates to Remember: \*\*\*\***

### ***Voice of Democracy/Patriot's Pen***

**1 November**> All 1st Place School Winners due to the **Post** for **Post Judging**

**15 November**> All 1st Place **Post Winners** due to **District** for **District Judging**

**\*\*1 December**> All 1st Place **District Winners** due to **Department** for **Final Judging**

***District to Department – One entry per District – with student's head and shoulders photo, and all personal information filled out on entry form. This applies to all entries to Department. Including your Districts posts participation report, form will be provided to be filled out and returned with your first-place entry.***

**30 December**> Completion of Department Judging

**15 January**> Department Winners to National (Complete Package)

### ***Teacher of the Year***

**1 November**> Teacher Nominations Due to the Posts

**15 November**> Teacher package due to the District for Judging

**1 December**> Teacher Packages forwarded to Department for Final Judging

**30 December**> Completion of Department Judging

**30 December**> District Participation Reports due to Department Chairperson

### ***NOTICE!!! Requirements for Teacher of the Year Entries***

- Completed Teacher VFW Entry Form
- Nomination Letter (Up to 350 words)
- Teacher Resume (1 page up to both sides)
- Up to five (5) pages (both sides) of supporting documentation
- A good quality head and shoulders Photo

NH VFW Department Membership  
September 2022

Top of the Day, Comrades:

I want to thank every Post in Department. Your responses to me on getting a handle on your post membership has been outstanding and we are on the way to bring Department of NH to the Commander's 102% level. It can be done!

Visiting Post and discussing what plans are in the making has been very encouraging on recruitment and retention. My visits will be continuing, and I will be following your numbers closely. Hopefully it won't be needed this year to call Commanders and QM on a weekly basis. Let's hit your 100% Post this fall not this coming spring.

Planning on Veterans Day activities with Poppy drives is a great chance to put your recruiting team to work. Remember you can not do everything alone for the Post. Membership Teams are very needed to succeed. Your District and Department are more than willing to assist you. You still have time to purchase Poppies from the Department QM and let's set a goal of making the Poppy the #1 accessory to our community wardrobe. If you need recruitment material order from National now.

Again, I want to thank the Department, District and Post that are being seen everywhere doing membership drives. This goes back to my saying, "It can't be done alone" and thanks to their efforts our numbers are showing it.

Department contributions are due to the Dept. QM by October 31, 2022

Questions or concerns always feel free to contact me and I will do my very best to work with you.

In comradeship, (Drive On)

Billy

**2022-10 Dept. NH VFW National Legislative Committee Member, VAVS VAMC  
Manchester VFW Representative, Certified National Recruiter, Homeless Chair**

Rev 9/25/22

As your **NH VFW National Legislative Committee** member, accompanied by Jr. Vice Cdr. Andy Corrow we personally thanked our two Congressional representatives and our two Senators for voting to support passage of the Pact Act and for their support of our other VFW Priority Legislation that we were tasked to address with them.

With the passage of the Camp Lejeune Justice Act 2022, lawyers are lining up to get your money. Please contact your VFW Service Officer John Barrett [john.barrett1@va.gov](mailto:john.barrett1@va.gov) 603-222-5780 before you hire a lawyer to make sure it will not affect your VA benefits in a negative way.

The **Manchester VA** is actively looking for volunteers to fill their many needs. Please contact **Stella Lareau** VAVS Supervisor at [stella.lareau@va.gov](mailto:stella.lareau@va.gov) or 603-624-4366 ex.6419. The Community Living Center (CLC) at the Manchester VA is still restricted to visitors. If you or your VFW post wishes to participate, contact Valerie Carter [valerie.carter2@va.gov](mailto:valerie.carter2@va.gov) at 603-624-4366 ex.6269 to see what they could use at the CLC and how you can contribute.

Our **NH VFW membership** team is in as many places as possible to recruit VFW members, and we urge each one of you to reach out and invite any and all veterans that you run into to join the VFW if they qualify. If you have an opportunity in your region or neighborhood to conduct a VFW membership drive, if you would like assistance, please contact us to help you to conduct a membership drive.

The **Dept NH VFW Homeless Veterans Program** was well represented at our annual Stand Down at the Harbor Care facility in Nashua last week. PDC Chris Peirce and I handed out over a thousand dollars' worth of items that the VFW bought to supply the veterans that came through with items they could use.

Jorg Dreusicke  
VAVS VAMC Manchester VFW Representative  
National Legislative Committee Representative  
Certified National Recruiter  
Homeless Chair  
[jdreusicke@aol.com](mailto:jdreusicke@aol.com)  
603-553-0395



# DEPARTMENT OF NEW HAMPSHIRE FALL CONFERENCE 15 October 2022



0830	Registration Opens	
0900	Welcome	Denis Querrard & Kim Copson
	• Opening Prayer	Darwin Beeman
	• Pledge of Allegiance	Denis Querrard
	• Greeting from the Commander & President	Leon Rideout & Dot Mattson
0915	Eastern Conference	Paul Lloyd
0920	Testimonial Committee	Hillary Seeger / Kim Copson
0925	Convention Committee	Joe Clark / Sandy Clark
0930	Hospital	Timm Grant / Madeline Dreusicke
0935	Manchester VAVS	Jorg Dreusicke/ Madeline Dreusicke
0940	White River VAVS	Dale Pierson / Janice Sackett
0945	Scholarships	Trish St Germain
	Voice of Democracy, Patriot's Pen, Teacher of the Year	Paul Lloyd / Trish St Germain
	• Nursing	--
	• Patriotic Art, Continuing Education	Trish St Germain
0955	• Legislative	Jorg Dreusicke / Tammy Baker
1000	Membership (Certified National Recruiter)	Jorg Dreusicke
1005	Department Membership	Bill Ryan / Tracy Kelley
1010	• Americanism, Loyalty Day, Veterans Day, Memorial Day	-- / Buddy Nicholas
1015	NH Veterans Home	Susan Cuddy / Madeline Dreusicke
1020	National Home for Children, AUX Buddy Poppy	Dave Ouellette / Kate Ouellette
1025	Community Service / Auxiliary Outreach	Darwin Beeman / Colleen Pierce
1030	Homeless Veterans / Stand Down	Jorg Dreusicke / Madeline Dreusicke
1035	Military Assistance, Unmet Needs, Operation Uplink	--
1040	Veteran Service & Family Support	Linda Theroux
1045	• VFW Buddy Poppies	Chris Pierce / Kate Ouellette
1050	Historian / Publicity / Media Relations	Lenny Perkins / Julie DeRubeis
1055	Commander & President Special Project	Denis Querrard / Julie DeRubeis
1100	Chiefs of Staff	Greg Lynch / Mary-Jane Ryan
1110	Safety	Jason Kelly
1115	Fire / Police / EMT of the Year	Jason Kelly
1120	Youth Activities/Scouting	Tim Grant / Susan Joslyn
1125	Student Veteran Liaison (SVA)	John MacIntear
1130	Service Officer, Employment	John Barrett
1135	Suicide Prevention	Chris Pierce
1140	M.O.C. Liaison	Richard Tripp
1145	VFW National Council Member	Joe Clark
1150	AUX National Council Member	Linda Theroux
1155	• Closing Prayer	Tracy Kelley
	Adjournment	Denis Querrard
1200 - 1300	LUNCH BREAK	
1300	Council of administration Meeting (AUX)	Dot Mattson
1300	Budget Committee	Darwin Beeman
1315	Finance Committee	Darwin Beeman
1330	Veterans Service Committee	--
1400	Council of Administration (VFW)	Leon Rideout

**Department of New Hampshire  
Veterans of Foreign Wars  
Fall Conference  
October 15 2022**

Laconia VFW Post 1670 will be hosting this year's fall conference. A review of this year's activities and programs will be shared for all members and committee members will discuss their progress along with upcoming schedules.

Doors will open at 0700 for early comers, coffee and donuts will be available for all.

Following the conference review the post will provide hot lunch with sandwiches and other foods/treats plus drinks.

Starting at 1300 the VFW will go into their council of administration meeting and the Aux. will go to their meeting.

Laconia VFW Post 1670 is honored to welcome the Department of New Hampshire and all the VFW Post and their members plus guests.

**QUOTE OF THE MONTH**

**“This Nation Will Remain The Land Of The Free  
Only As Long As It Is The Home Of The Brave.”**

*Elmer Davis*

*Commander  
Rudy Tibbetts*



# Department of New Hampshire VFW

## Surgeons Remarks

Greetings comrades as of September 22 2022 the fall equinox arrives and the cool weather comes. October is a very important month as many health awareness issues are addressed. One of the most talked about issues is **BREAST CANCER** and October just happens to be Breast Cancer Awareness month.

Each year in the United States , more than 200,000 women are diagnosed with breast cancer and more than 43,000 women will die from the disease and over 500 men will also die. Other than skin cancer, breast cancer is the most common cancer among American women. Breast cancer isn't only a women's issue it also targets Men, but it's not very common. Less than 1% of breast cancer occurs in Men.

**AMERICAN CANCER SOCIETY** and many other organizations dedicate the month of October to raising awareness about breast cancer. For more information on breast cancer you can visit the VA web site [www.va.gov](http://www.va.gov) or [www.cancer.org/cancer/breast-cancer.html](http://www.cancer.org/cancer/breast-cancer.html)

### VA's Commitment to Women' Health

By adopting the ACS guidelines for breast cancer screening, The VA has made huge gains in consolidating care standards for women.

It is important for our female veterans to know that they are in control of their care and the care they receive from the VA.

### American Cancer Society

Cancer information, answers and hope. Available every minute of every day, cancer specialists are on hand 24/7 to answer questions about.

Specific Cancers, Treatment Options, Side Effects, Coping with Cancer, Medicine's, Pain Control, Prevention, Screening, Quitting Tobacco.

**CANCER HOTLINE 1800 227 2345 or 1800 264 6128**

*Dept. Surgeon  
Timm Grant*



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Web: [HiddenBattlesFoundation.org](http://HiddenBattlesFoundation.org)

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## ~10 Phone Number EVERYONE Should Have In Their Phone~

### **1- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)**

The national suicide hotline it is not first responder specific, but they will talk to anyone who needs help. Life is precious, and when you're not safe you should never feel alone.

### **2- Crisis Text Line: 741-741**

A service that allows people in crisis to speak with a trained crisis counselor by texting "Start" or "Help". For those times when you really need to reach out and connect with someone who is going to care. These are trained professionals who can provide support, and help you through those tough times

### **3- A Friend Who Can Make You Laugh!**

Because we all have those times when we just need to have some fun.

### **4- An Adult You Can Trust**

For those times when you really need the perspective of someone who has been around the block a few times and has just a little more life and real world experience.

### **5- Your Emergency Contacts**

Did you know that you can set your lock screen to display emergency contact info on any smartphone? For iPhones, use the Health App. On Android, Settings-Security-Owner Info

### **6- A GREAT Pizza/Burger Place**

Because we all need a good slice of pizza or juicy burger every now and then. If you aren't the pizza or burger loving type then use your go-to comfort food place.

### **7- Help When You Need A Ride**

If you're broken down, try AAA (1-800-222-4357)

If you need a ride, try downloading the UBER or LYFT App's

### **8- Local Police/Fire Department**

Seriously, you just never know when you might need help FAST, this is in addition to the universal standard emergency number of 911.

### **9- Your Place of Employment**

Incase anything comes up or you need to reach a co-worker.

### **10- A Friend Who Will Drop Everything To Listen**

Because we all have those times when we need that kind of friend.

\*\*\*Don't Forget To BE That Kind Of Friend Too!\*\*\*





E-Mail: [info@HiddenBattlesFoundation.org](mailto:info@HiddenBattlesFoundation.org)

Web: [HiddenBattlesFoundation.org](http://HiddenBattlesFoundation.org)

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**National Suicide Prevention Lifeline: 1-800-273-TALK (8255)**

The national suicide hotline it is not first responder specific, but they will talk to anyone who needs help.

**Suicide & Crisis Lifeline: 988**

Anyone can Call/Text/Online Chat 24/7 in English & Spanish; this new three-digit dialing code will route callers to the National Suicide Prevention Lifeline, where they will be connected to trained counselors that are part of the existing Lifeline network. These trained counselors will listen, understand how their problems are affecting them, provide support, and connect them to resources if necessary.

**Crisis Text Line: 741-741**

A service that allows people in crisis to speak with a trained crisis counselor by texting "Start" or "Help"

**Safe Call Now: 1-206-459-3020 OR 1-877-230-6060**

A 24/7 help line staffed by first responders for first responders and their family members. They can assist with treatment options for responders who are suffering from mental health, substance abuse and other personal issues.

**Fire/EMS Helpline (Share the Load): 1-888-731-FIRE (3473)**

A program run by the National Volunteer Fire Council. They have a help line, text based help service, and have collected a list of many good resources for people looking for help and support.

**CopLine (Law Enforcement Only): 1-800-267-5463**

A confidential helpline for members of US law enforcement.

Their website Copline.org also has additional information on help and resources.

**Cop2Cop: 1-866-COP-2COP (1-866-267-2267)**

A 24/7 hotline based in NJ staffed by retired officers who are licensed Clinical Social Workers, known as Cop Clinicians, and specifically trained Mental Health professionals, along with volunteer retired officers who are trained as peer supporters.

**Veterans Crisis Line (Military & Veterans only): 1-800-273-8255 & press 1**

A crisis line specifically for Military and Veterans of the US armed forces.

**Veterans Crisis Text Line (Military & Veterans only): 838255**

A service that allows Military/Veterans in crisis to speak with a trained crisis counselor by texting as much or as little as they would like to start the conversation.

**Frontline Helpline: 1-866-676-7500**

Run by Frontline Responder Services. Offer 24/7 coverage with first responder call-takers.

**Kristin Brooks Hopeline: 1-800-442-4673**

A national (USA) hotline for people suffering from mental health issues.

**Trevor Project Crisis Hotline: 1-866-488-7386**

A national 24 hour LGBTQ youth Crisis Hotline.

**Emergency Service: 911**

A national number for emergency services



**If You Can't Call A Stranger, Call A Friend!**



## YOUTH ACTIVITIES

Afternoon comrades, it is my honor to be your youth activities chairman. Youth Activities are very important along with many other programs within the VFW. Every post has members that are involved with kids whether it be their own or someone else's.

Baseball, Football, Basketball, soccer, Volleyball, Swimming, Skiing, Fishing, Camping, Boating, Hiking, Biking, Tennis, Running, Diving, snowmobiling, are some of the sports of many that can be recorded and not only sports, there are many school and church activities for kids, there is also scouting programs for both Boys and Girls and much much more

We as members need to take the time and do the online reporting and report each activity we are involved with. The online reporting is very easy, you just need to go to [vfwnh.org](http://vfwnh.org) when the home page comes up you will click on Resources from there you will scroll down 8 spots to online reporting, your next page will come up and ask you for your post # and the password. From there a screen will pop up, you will then click on submit reports at that point you will be looking at about 15 different reports. Once you click on youth activities all you need to do is fill in the info, it will only take about a minute or two, it's that simple.

I am willing to assist anyone in the online reporting, remember anyone can submit the report it doesn't always have to be the same person.

**WE DO THE WORK LETS REPORT IT PLEASE**

**Dept. of NH VFW**  
**Youth Activities Chairman**  
**Timm Grant**

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